



GGRC Activity Calendar

May 2015



Monday	Tuesday	Wednesday	Thursday	Friday
<p>10:00am – 12:00pm Aerobics with Weight Management</p> <p>10:00am—12:00pm ICT Class with life in the UK training</p>	<p>10:00am—12:00pm Mitta Pitta with Healthy Eating</p> <p>10:00am—12:00pm Hair & Beauty MUA</p> <p>10:00am—11:00am Ladies Cycling</p>	<p>10:00am – 11:00am Walking for Men</p> <p>Ladies Swimming if you are interested in the class please call for further information</p>	<p>9:30am – 11:30am Textiles, Arts & Craft with Tea & Coffee Morning – Ladies Only</p> <p>10:00pm – 11:00pm Ladies Badminton</p>	<p>9:30am—11:30am Ladies Conversation Class</p> <p>9:30am—11:00am Beginners Tajweed (Ladies Only) £2</p>
	<p>1:30pm– 2:30pm Walking for Women</p> <p>2:00pm– 4:00pm ESOL Class</p>	<p>2:00pm– 3:30pm Employability Course with Job Search</p>	<p>1:30pm– 2:30pm Walking for Women</p> <p>2:00pm– 3:30pm Employability Course with Job Search</p> <p>Appointment Only Internet Based Self Help</p>	
Coming Soon: Men Only Badminton, Food Hygiene Course, Fruit Carving. For more information contact GGRC				

Venue: Greets Green Resource Centre
Harwood Street, West Bromwich
B70 9JE
Tel: 0121 500 5441

For more Information Contact: -
Zaman: zaman@cbo786.co.uk
Community Development: community-development@cbo786.co.uk
Alternatively Contact the Admin Team: ggrc-team@cbo786.co.uk

Confederation of Bangladeshi Organisation
Harwood Street, West Bromwich
B70 9JE
Tel: 0121 500 5441

