



# GGRC Activity Calendar

December 2015



<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
Advice Surgery 9:15am – 1:00pm	Advice Surgery 9:15am – 1:00pm	Advice Surgery 9:15am – 1:00pm	Advice Surgery 9:15am – 1:00pm	Advice Surgery 9:15am – 1:00pm	
10:00am—12:00pm ICT Class with life in the UK training  10:00am—12:00pm Mitta Pitta with Healthy Eating  10:00am – 11:00am Men's Only Cycling	9:00am—10:00am Ladies Walking  10:00am—12:00pm Aerobics with Weight Management	9:30am—10:30am Neighbours Chai and Biscuit Morning		9:30am—11:30am Ladies Conversation Class	
Advice Surgery 2:00pm – 3:30pm	Advice Surgery 2:00pm – 3:30pm	Advice Surgery 2:00pm – 3:30pm	Advice Surgery 2:00pm – 3:30pm	Advice Surgery 2:00pm – 3:30pm	
	2:00pm– 4:00pm ESOL Class  4:00pm– 5:00pm Family Homework Club	2:00pm– 3:30pm Employability Course with Job Search	2:00pm– 3:30pm Employability Course with Job Search  5:00pm– 6:00pm Smart Tuition  Appointment Only Internet Based Self Help		2:00pm - 3:00pm Football – For Men if you are interested in the class please call for further information
<b>Coming Soon:</b> Men Only Badminton. For more information contact GGRC					

**Venue:** Greets Green Resource Centre  
Harwood Street, West Bromwich  
B70 9JF  
Tel: 0121 500 5441

For more Information Contact: -  
Zaman: [zaman@cbo786.co.uk](mailto:zaman@cbo786.co.uk)  
Community Development: [community-development@cbo786.co.uk](mailto:community-development@cbo786.co.uk)  
Alternatively Contact the Admin Team: [ggrc-team@cbo786.co.uk](mailto:ggrc-team@cbo786.co.uk)

**Confederation of Bangladeshi Organisation**  
Harwood Street, West Bromwich  
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